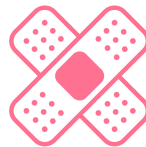


HOW TO TALK TO YOUR KIDS ABOUT CYBERBULLYING

More than **60% of tweens** and **70% of teens** have experienced cyberbullying, either as a victim, bully, or witness. We've assembled some key facts about cyberbullying to **use as conversation starters for you and your kids** – the more you talk about it, the more **they'll know what to do if it happens**.



Common types of cyberbullying include **harassment, cyberstalking, catfishing, and trolling**.



Cyberbullying victims are **more likely to consider suicide** than their peers.



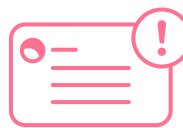
There's no federal law against cyberbullying, but **nearly every state covers cyberbullying in their anti-bullying laws**.



More kids have been cyberbullied on **Instagram than on any other platform** at 42%, with Facebook a close second at 37%.



Victims may suffer in silence for fear that adults will restrict digital access if they speak up.



Warning signs include **being secretive, getting emotional** while using a smartphone, and **avoiding discussions of online activity**.



Kids who engaged in cyberbullying were **more likely to be seen as "popular"** by their peers.



More than half of teens have witnessed cyberbullying on social media.