



# Bark's Top 5 Tips For Your Kid's First Phone



Here's what you need to know **before** you start shopping.



**1 Get informed.** Raising kids in the digital age can be challenging because technology, social media, and the latest online trends are always evolving. Check out the [Bark blog](#) to stay up to date.

**2 Opt for an Android.** [Android](#) phones are the best option for first phones because they let families monitor potentially dangerous apps like Instagram and Snapchat. Apple devices don't!

**3 Set expectations.** Remind your kid that getting a phone is a big responsibility and not just another toy. Decide what apps they can download, set screen time rules, and teach them about [digital citizenship](#).

**4 Make a tech contract.** Start having conversations about your family's tech rules early, and make sure to solidify them! A [tech contract](#) is a great way to get on the same page when it comes to your kid's new phone.

**5 Use parental controls.** No matter how responsible your kid is, boundaries are still important. Use a parental control tool like [Bark](#) to get alerts for issues like online predators, cyberbullying, suicidal ideation, and more.



Visit [bark.us](http://bark.us) to learn more.

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